

What is Development?

Reflection Journal

Before reading the chapter, think about each question and reflect on your experiences. Respond to the questions based on knowledge, feelings, and experiences you've had.

1. What is development?
2. Do you think development is controlled by nature (i.e., genetics) or nurture (i.e., environment)? Explain your response and provide an example to support your response.
3. Do you think development is stable or changeable? Explain your response and provide an example to support your response.
4. Do you think development is continuous or discontinuous? Explain your response and provide an example to support your response.

After reading the chapter, revisit the questions and respond based on the knowledge you have gained. Do not look at your original responses.

1. What is development?
2. Do you think development is controlled by nature (i.e., genetics) or nurture (i.e., environment)? Explain your response and provide an example to support your response.
3. Do you think development is stable or changeable? Explain your response and provide an example to support your response.
4. Do you think development is continuous or discontinuous? Explain your response and provide an example to support your response.

Now that you have answered the questions again, compare your initial and concluding responses and reflect on the knowledge gained and changes in your responses. For example, consider:

- 1) How have your responses changed?
- 2) What knowledge have you gained?
- 3) How has your new knowledge affected your interpretation of events?