

## Physical Development Case Study

At Sunbury High School, the doors open each weekday morning at 6:50 a.m., and the school day begins with homeroom at 7:10. Between 7:30 and 2:30, when school adjourns, students attend a variety of 50-minute classes and have a 30-minute lunch period.

At a recent meeting of their PLC (Professional Learning Community), some of the teachers at Sunbury High School raised a concern that absenteeism was unacceptably high and in class some of the students were functioning at a substandard level. One of the faculty suggested that the group should investigate possible physical factors that might be contributing to the situation and based on what they found, implement appropriate strategies to address the problem in order to improve students' health and ability to function.

Identify 3 physical factors that you would recommend that the teachers investigate and suggest a strategy related to each factor that might be helpful in addressing the problem.

Explain why you chose each strategy.