

Physical Development and Learning

Reflection Journal

Before reading the chapter, think about each question and reflect on your experiences. Respond to the questions based on knowledge, feelings, and experiences you've had.

1. How does physical development affect learning? Specifically, how does physical development enhance and/or limit learning?
2. In what ways does nature and nurture affect physical development?

After reading the chapter, revisit the questions and respond based on the knowledge you have gained. Do not look at your original responses.

1. How does physical development affect learning? Specifically, how does physical development enhance and/or limit learning?
2. In what ways does nature and nurture affect physical development?

Now that you have answered the questions again, compare your initial and concluding responses and reflect on the knowledge gained and changes in your responses. For example, consider:

- 1) How have your responses changed?
- 2) What knowledge have you gained?
- 3) How has your new knowledge affected your interpretation of events?